



## New Veterans Charter Self-Screening Tool

The **New Veterans Charter** is a comprehensive “wellness package,” designed to provide Canadian Forces (CF) Veterans with the best opportunity for successful transition to civilian life. The new Charter will be most relevant to CF Veterans who have recently been released from the Forces and to serving members who are preparing to release.

This self-screening tool will help you determine if you should apply for programs under the New Veterans Charter. **This tool is not designed to determine your actual eligibility.** For more information, please contact Veterans Affairs Canada at **1-866-522-2122** between the hours of 8:30 a.m. to 4:30 p.m. (your local time).

### Step 1

1. Are you a serving member of the Regular Force?  Yes  No
2. Are you a former member of the Regular Force who served at any time during the period April 2, 1947, to present (except Korean War service)?  Yes  No
3. Are you a serving Reservist?  Yes  No
4. Are you a former Reservist who served at any time during the period April 2, 1947, to present (except Korean War service)?  Yes  No

If you have answered **YES** to either of these questions, **you may qualify** for the programs and services available through the New Veterans Charter. **Please continue to Step 2.**

5. Are you a war-service Veteran?  Yes  No
6. Are you a serving or former member of the RCMP?  Yes  No

If you have answered **YES** to either of these questions, **you do not qualify** for the programs and services available through the New Veterans Charter. **You do not need to continue with this self-screening tool.**

7. Are you a spouse/common-law partner, survivor or dependent child of a serving or former member/Reservist of the Regular Force?  Yes  No

If you have answered **YES** to this question, you may qualify for the programs and services available through the New Veterans Charter. For more information, please contact Veterans Affairs Canada. **You do not need to continue with this self-screening tool.**

## Step 2

8. Have you been **medically released** within the last **120 days**?  Yes  No  
**OR**  
Have you been notified that you will be medically released?  Yes  No

If you have answered **YES** to one of these questions, you may qualify for the following programs under the New Veterans Charter:

**Rehabilitation Program**  
**Financial Benefits Program**  
**Group Health Insurance Program**

**You do not need to continue with this self-screening tool. Please contact Veterans Affairs Canada.**

If you have answered **NO** to both questions, please continue to **Step 3**.

## Step 3

Please answer each of the following questions:

9. Do you have a physical and/or mental health problem, resulting primarily from your service, that is affecting your ability to perform your roles in the workplace, home or community?  Yes  No

If you have answered **YES**, **you may qualify** for services and benefits through the **Rehabilitation Program** and **Financial Benefits Program**.

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10. Do you have a disability that resulted primarily from, or was made worse by, your service AND you have not previously applied for a VAC Disability Pension or Award for this disability?  Yes  No

If you have answered **YES**, **you may qualify** for a tax-free lump sum payment through the **Disability Award Program**.

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11. Have you been medically released from the Canadian Forces?  Yes  No  
**OR**  
Have you been non-medically released from the Canadian Forces with less than 20 years of service AND answered yes to Question 9?  Yes  No

If you have answered **YES** to one of these questions, **you may qualify** to purchase health insurance through the **Group Health Insurance Program**.

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12. Are you a serving Reservist or a serving member of the Regular Force and planning to release in the next 2 years?  Yes  No  
  
Are you a CF Veteran who has been released from the Canadian Forces within the last two years?  Yes  No

If you have answered **YES** to one of these questions, **you may qualify** for the **Job Placement Assistance Program**.

**You have now completed the New Veterans Charter Self-Screening Tool. If you think you may qualify for the new programs or would like more information, please contact Veterans Affairs Canada at 1-866-522-2122.**